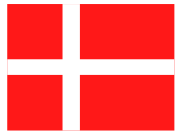


DENMARK



7,314 km of coast line



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EXCHANGE RATE

SEPT2018

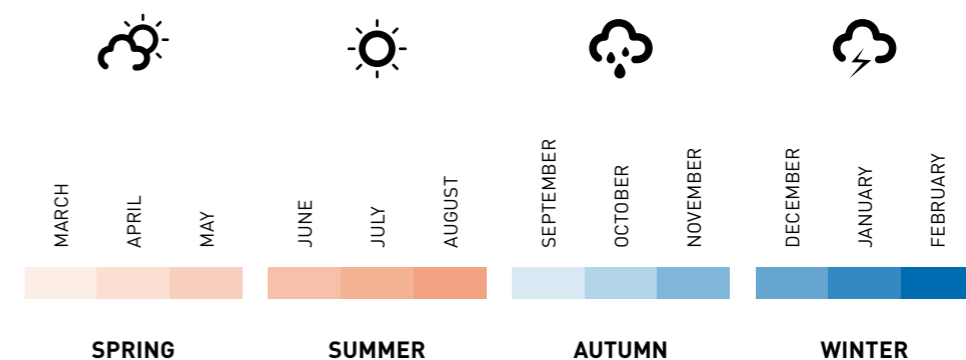
DANISH CROWN KR	= 0,13	EURO €	= 7,45	DANISH CROWN KR
KR	= 0,15	USA DOLLAR \$	= 6,9	KR
KR	= 0,57	POLISH ZLOTY PLN	= 1,73	KR
KR	= 1,27	NORWEGIAN KRONE NOK	= 0,78	KR
KR	= 0,15	SWISS FRANC CHF	= 6,60	KR

Source: Spot Reuters

WEATHER

Denmark has a continental climate, with cold temperatures in winter (from December to March) and minimum temperatures around 1°C, and warm temperatures in summer (from June to August) that can reach 20°C. If you travel at the end of the summer or during autumn, you will probably find rainfall, because this is the rainiest season. However, the weather in spring is warm and dry and quite humid in winter.

One thing you will find all throughout the year is the wind blowing from the Atlantic Ocean.





THE STEPS OF HANS CHRISTIAN ANDERSEN...

...Author of some of the tales that have filled many people's childhood, such as The Ugly Duckling or The Little Mermaid, we will guide you to discover the country that brought us to this guide: Denmark. Starting by its capital, Copenhagen, with much more to see than its famous Mermaid, and continuing with its stunning castles full of history, this country in the north of Europe deserves a long stay. If you think you are starting to like the idea, don't miss a single detail of Denmark in this guide.

DO YOU WANT TO JOIN US?



WHO LIVES HERE

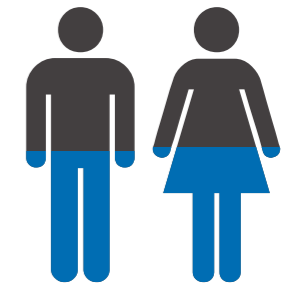
_ Denmark has a population of 5,659,715 inhabitants, **49.67% of which are men** and **50.33% are women, approximately.**

_ The country has an area of 43,075 sq. km., excluding Greenland and The Faroe Islands. It is surrounded by the North Sea and shares its southern border with Germany.

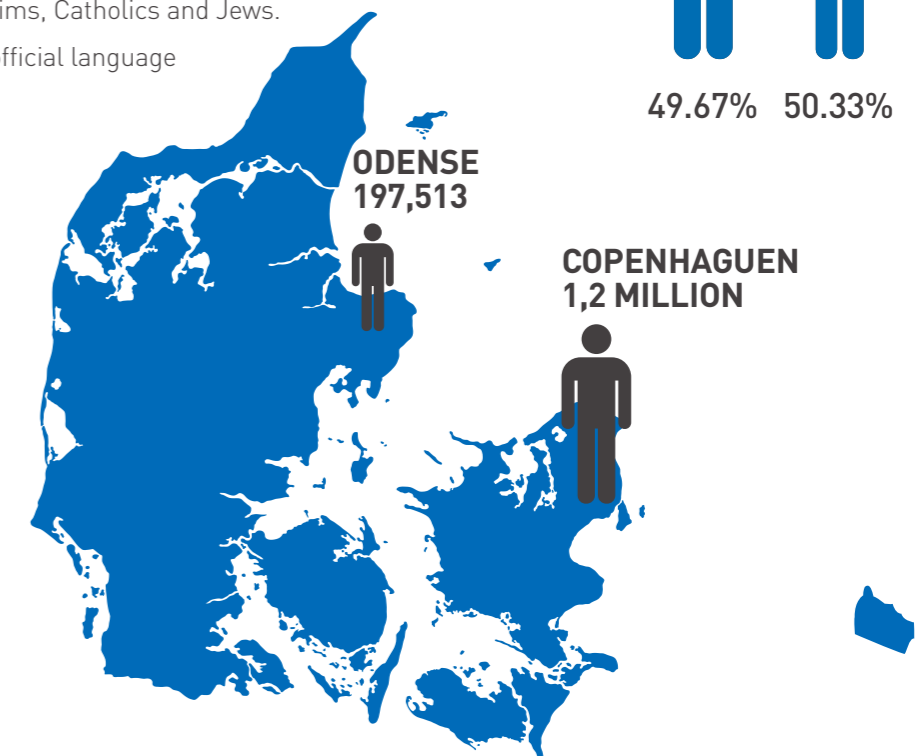
_ In terms of religion, approximately 90% of the population is Evangelic Lutheran, but there is a minority of Muslims, Catholics and Jews.

_ Danish is the official language of the country.

**5,659,715
INHABITANTS**



49.67% 50.33%



HOW THINGS WORK

_ The capital of Denmark is **Copenhagen**, with 1,263,698 inhabitants.

_ The **most populated cities** are Copenhagen, Århus, with 330,563 inhabitants, Odense, with 197,513 and Ålborg, with 110,495.

_ The form of government in this country is the **parliamentary monarchy**, with Queen Margarethe II of Denmark as head of state since 1972 and Lars Løkke Rasmussen as prime minister.

_ The legal tender in the country is the **Danish krone** (ISO: DKK)

_ The **GDP** amounted in 2017 to 276,805 million euros.

_ The **annual inflation rate** was at 0.8% (in 2017).

_ The **unemployment rate** was at 6.1% (in 2017).

_ The sectors of economic activity in this country are agriculture, fisheries and forestry. They account for 2.6% of the nation's GDP. Industry weighs 19.6% and public administration weighs 72.1%.



WHAT YOU'LL NEED TO GET IN AND OUT

- _ If you travel from another country of the European Union, you can get in **both with your passport and with your identity card**, except if you want to travel to Greenland or the Faroe Islands, for which you will need a valid passport.
- _ In the case that you decide to travel with your passport, it will need to be valid for at least **three months** after the date of your arrival in the country.
- _ You can check if you will need a **visa** to get into the country and its conditions at the **Danish Ministry of External Affairs** website (in English or Danish).
- _ If you are a foreign, non resident in Denmark, you can leave the country with a maximum amount of **75,000 DKK** (10 080 €) or higher if you can prove to have imported it in Danish crowns or commercial papers when you entered the country.
- _ The **drug** trafficking is punishable with up to 10 years of imprisonment, and drug use is punishable with jail and fines.
- _ In the case that you want to travel to this country with your **pet**, you will need to check whether it complies with all requirements set up by the country's health authorities. You can do it at the **Danish Ministry of Food and Environment website**.



HOW TO MOVE AROUND

BY PLANE



- _ Average airfares for most national flights are usually **500 crowns**, but you can save some money booking in advance.
- _ You will find companies such as **SAS, Norwegian** or **airBaltic** that will take you from Copenhagen to Billund (where Legoland is). SAS will also take you from the capital to Aarhus or Aalborg.

BY CAR



- _ It is **easy to move around Denmark by car**, because the roads are in good condition and well signposted.
- _ If you want to rent a car in Denmark, you will be required: to be over 21 years old, a valid driving licence and passport and a credit card.

BY CAR



- _ In the case that you are **between 21 and 25 years old**, you might get asked for a supplement of **100 DKK** to rent a car.
- _ **Avis, Europcar** or **Hertz** are some of the car rental companies that you will find in Denmark.
- _ They drive on the right side of the road and it is compulsory to use low-beam headlights during the day.

BY BUS



- _ Travelling in a long-distance bus (for example, from Copenhagen to Aalborg or Århus) will take you longer than if you do it by train, but it will cost you 20% less.
- _ **The main bus companies in Denmark are: FlixBus, Bornholmerbussen, Gråhund Bus and Thinggaard Expressbusser.**

BY TRAIN



- _ The **National Railway Network, DSB**, manages all railway services in the country, except for some short-distance private lines.
- _ If you want to travel in one of the **Intercity (IC)** trains, you will have to book your ticket beforehand and pay 30 DKK. For the Interregional trains (IR) you will not need to do that.

BY BOAT



- _ Almost all of the inhabited islands of the country are reachable by **ferry** and most of them carry cars.
- _ One of the companies that offer a wide range of services is **Scandlines**.
- _ Check the train schedules at the tourist offices and at the train stations.

BY BIKE



- _ There are many cycle routes that link different cities and there are also bicycle lanes in many city centres.
- _ You can rent a bike for about **75 Danish crowns per day**, leaving a deposit of 250 crowns in most of them.
- _ You can take your bike in the **ferries** and in many **trains**, upon payment. If you want to travel with it between May and August in the InterCity and InterCityLyn trains, you will need to book the space. You can carry it for free in the S-tog of Copenhagen in off-peak times.

Source: **Lonely Planet**



MUST-SEES...

1. **The Kronborg Castle**, in the town of Helsingør, building that inspired William Shakespeare as a scenery for his theatre play Hamlet. If you have read it, you will recall it as you visit the castle
2. **The Egeskov Castle**, located in the south of the Funen island, has a unique environment thanks to the lake that surrounds it. It is the best-preserved Renaissance-style castle in Europe, surrounded by water.
3. **The Viking Ships Museum, in Roskilde**. You will find a full account of the ships used, the mariner's lifestyle and the shipbuilding of the Viking era. This museum has eight buildings, devoted to different purposes.
4. **Mols Bjerge National Park**, east of Jutland. If you like nature, in the 180 sq. km that this park has you can find numerous species of animals and plants. Moreover, you will have the possibility to enjoy unique views from the Jernhatten ridge.
5. **The Faroe islands**, an archipelago in which you will find the most picturesque landscapes and villages in each of the 18 islands. If you are looking for nature at its purest, this is where you should go.
6. **Legoland, in Billund**. Whether you travel with children or not, in Legoland you will find a world of fantasy, created with more than 60 million LEGO pieces, suitable for all audiences.
7. **Tivoli**, an amusement park in the centre of Copenhagen. Functioning since 1843, it is the second oldest amusement park in the world and there you will find rides, performances and many kinds of cultural attractions.
8. **The world of Hans Christian Andersen**. Whether you have read Hans Christian Andersen's tales or not, you surely know his name. The emblematic statue of the Little Mermaid, Hans Christian Andersen Fairytale House or its museum will take you to discover some of this Danish writer's history.
9. **The Frederiksborg Castle**, in Hillerød. Besides the beauty of this Renaissance-style palace, built in 1600, its gardens will not leave you indifferent.
10. **The Blue Planet**. It is the biggest aquarium in Northern Europe and you will find it near the Copenhagen airport. There you can admire a significant representation of the marine world.



Dennis Jarvis



Malene Thyssen - Own work, CC BY-SA 3.0



Hans Olav Lien



Sebastian Nils



Vincent van Zeijst



Sarah Ackerman



Charles Hutchins



Daniel Stello



Miguel Mendez

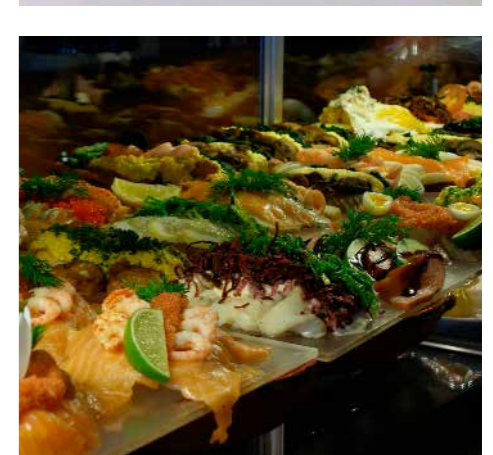


... AND MUST-TASTES...

- _ **The smørrebrød**, a dish you will have surely heard about because it is the most famous food in the country. It is a slice of rye bread with butter and cold meat, fish or cheese.
- _ **Flæskesteg**, a pork roast that, besides being one of the most traditional Danish dishes, it is usually eaten on Christmas Eve.
- _ **Gravad laks**, made of marinated salmon with sweet mustard and dill sauce. It's a light dish that is usually served as an aperitif.
- _ **Frikadeller**, meatballs of pork minced meat, served with boiled potatoes, red cabbage and a sauce made with the meat juice.
- _ **Svineorbrad**, pork or beef chops stuffed with prunes or chopped apple, for example, and seasoned with salt and pepper.
- _ **Sild**, herring, eaten in infinite ways: Marinated, stewed, smoked, etc.
- _ **Kraasesuppe melbolle**, a soup made with a kind of flour and butter balls that will warm you in the coldest days.
- _ **Hvid labskovs**, a beef stew served with potatoes, bay and pepper.
- _ **Akvavit** (or aquavit, from aqua vitae in Latin, "water of life"), considered the national drink and with a 40% of alcohol.
- _ **Wienerbrød** (Vienna's cake), a sweet cake made of flour, yeast, milk and a large quantity of butter.



Thomas Angermann





HOW MUCH IS...

- _ A single ticket for the underground, bus or commuter train: DKK 24/ EUR 3.2/ USD 3.37.
- _ A beer in a pub: DKK 50/ EUR 6.7/ USD 7.
- _ A coffee at a café: DKK 30/ EUR 4/ USD 4.2.
- _ A liter of fuel: DKK 15/ EUR 2/ USD 2.1.
- _ A packet of cigarettes: DKK 43/ EUR 5.8/ USD 6.
- _ Renting a one-room flat in an average area (price per month): DKK 7435/ EUR 1000/ USD 1045.
- _ Eating at an average restaurant: DKK 130/ EUR 17.5/ USD 18.3.
- _ A menu at a fast food restaurant: DKK 69/ EUR 9.3/ USD 9.7.
- _ A dinner at an average restaurant: DKK 400/ EUR 54/ USD 56.2.
- _ A ticket to the movies: DKK 100/ EUR 13/ USD 14.1.
- _ A drink at a bar or nightclub: DKK 96/ EUR 12.9/ USD 13.5.
- _ A taxi from the airport to the centre of Copenhagen (9 km away):
 - During the day: DKK 200/ EUR 26.9/ USD 28.
 - During the night and weekends: DKK 250/ EUR 35/ USD 36.6.
- _ A ticket for the theatre: DKK 600/ EUR 80.7/ USD 84.3.

Prices from Copenhagen for reference.



TRAVEL TIPS

- _ **2017 National Holidays in Denmark** are: 1 January (New Year's Day), 13 April (Maundy Thursday), 14 April (Good Friday), 16 April (Easter Sunday), 17 April (Easter Monday), 15 May (Mother's Day), 25 May (Ascension Day), 4 June (Whit Sunday), 5 June (Constitution Day, Father's Day and Whit Monday), 24 December (Christmas Eve), 25 December (Christmas Day) 26 December (2nd Day of Christmas) and 31 December (New Year's Eve).
- _ In Denmark the **standard voltage** is 230 V and **plugs** have two or three round pins.
- _ Business hours in Denmark usually go from 9 to 17.30 or 18 h from Monday to Thursday, from 9 to 19h on Fridays and from 9 to 14h on Saturdays. Supermarkets open from Monday to Friday, from 9 to 20 h.
- _ **Tips** are not common because restaurants and taxi bills usually include a **service fee**.



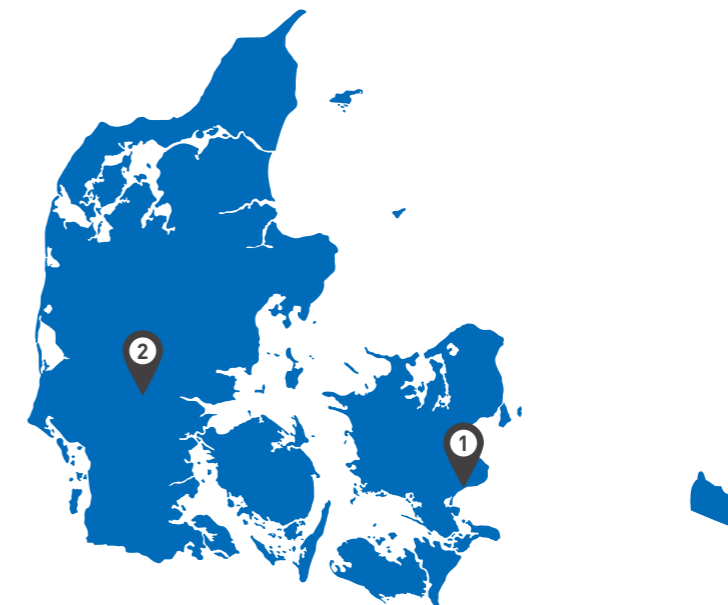
WHAT IF I GET ILL?

- _ No vaccine is required for travelling to this country.
- _ Sanitary conditions and health care in Denmark are good. There you will find good hospitals, completely equipped, and you will not have a hard time finding a doctor who speaks English.
- _ If you are travelling from a EU country, you will need the **European Health Insurance Card**, known as blå kort (blue card). If you come from another country, you can access the emergency services of the hospitals, and if the medical centre thinks that the emergency is due to a previous illness, you might have to pay for the service received. In this case, you should have a **health insurance**.
- _ Emergency services in public hospitals work from 16 to 8 hours, from Monday to Friday, and 24h a day during weekends.
- _ In the case that you need some **specific medication**, it is recommended that you travel with it from your country of origin, along with the original prescription.
- _ Only some pharmacies are open 24/7 in Denmark. You can check which ones in the annex of this guide.



WHERE CAN I EXCHANGE MY CURRENCY?

- _ Upon arriving to Denmark, you can exchange your travel money in any of the 5 branches that Global Exchange has in the country. Check our website for more information.



Airports

1. **Copenhagen International Airport.** Lufthavnsboulevarden, 6, Kastrup Kastrup - 2770 Copenhagen (Region Sjælland)
2. **Billund International Airport** Passagerterminalen 10 - 7190 Billund (Syddanmark)



BE CAREFUL WITH...

- _ **The weather in winter.** You should check the weather forecast before travelling by road or by sea because, during this season, there can be severe storms that may affect the transport, especially the ferry services between the islands.
- _ **Big crowds.** Denmark is a safe place but you should be careful with pickpocketing when you are in the middle of big crowds, especially in the means of transport and its stations.
- _ Going around at night in low-light areas of neighbourhoods such as **Norrebro** or **Nordvest**, in Copenhagen, because they can be quite insecure.
- _ Causing damage to street furniture, because **damage to public goods** is severely punished. Graffiti, for instance, is punished with imprisonment.



WHO TO TURN TO...

- _ I need to call the country: dial the prefix 45.
- _ I have an emergency (sanitary, firefighting and rescue or public safety): dial 112.
- _ I need to call the National Police: call 114.
- _ I need to see a doctor: dial 1813.
- _ I need a job:

New to Denmark
Work in Denmark
Stepstone

- _ Other important contacts:

Website of the Danish Ministry of Foreign Affairs.

Asiatisk Plads 2
Copenhagen 1448
(574) +45 33 92 11 12
E-mail: um@um.dk

24/7 pharmacies in Denmark:

STENO APOTEK
Telephone: 33 14 82 66
Vesterbrogade 6C
1620 Copenhagen

APOTEKET ØRNEN
Telephone: 66 12 29 70
Vestergade 80
5000 Odense C.

AARHUS LØVE APOTEK
Telephone: 86 12 00 22
Store Torv 5
8000 Aarhus C.



BUDOLFI APOTEK
Telephone: 9812 0677
Algade 60
9100 Aalborg

Information about health care services in Denmark:

The Danish eHealth Portal
Dampfærgevej 22
DK-2100 Copenhagen
Tel.: +35 29 81 00
Correo electrónico: info@sundhed.dk
Website

- _ I need general information about the country:

Danish Ministry of Foreign Affairs (in English).
Lonely Planet travel guide.

- _ **Currency Exchange:**

You can easily do it with Global Exchange. Check our **Danish website** or go to any of our branches at the Copenhagen International Airport or Billund International Airport. Check all the information **here**.

MUST-TAKE PICS

Forest in Hald lake, **Viborg**



Castle's moat
Egeskov, **Fionia**



Lighthouse and sand
dunes, **Lyngvig, Fyr**



Bridge between
Denmark
(Copenhaguen) and
Sweden (Malmö).
Oresundsbron

DISCOUNTS for your trip

travel and exchange

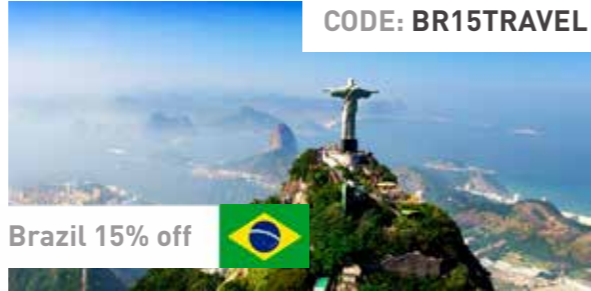
Your currency exchange at the airport with a discount

CODE: AU15TRAVEL



Australia 15% off

CODE: BR15TRAVEL



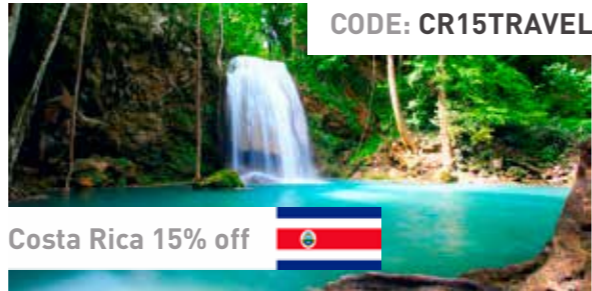
Brazil 15% off

CODE: CO15TRAVEL



Colombia 15% off

CODE: CR15TRAVEL



Costa Rica 15% off

CODE: DK15TRAVEL



Denmark 15% off

CODE: EC15TRAVEL



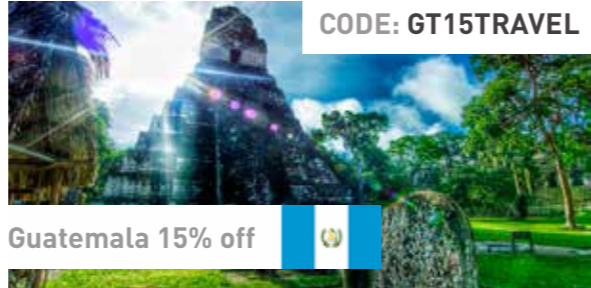
Ecuador 15% off

CODE: ES15TRAVEL



Spain 15% off

CODE: GT15TRAVEL



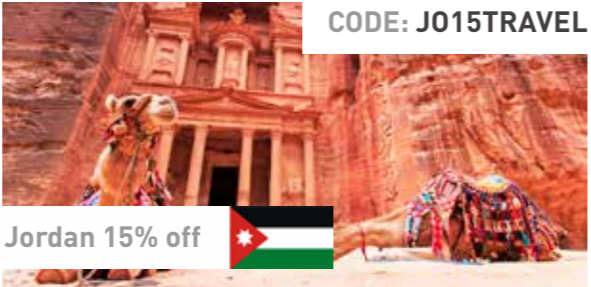
Guatemala 15% off

CODE: JM15TRAVEL



Jamaica 15% off

CODE: JO15TRAVEL



Jordan 15% off

Travel money services



Print this voucher page and present it at our **currency exchange branches**.


We are present at the airports of these 18 countries.

CODE: MA15TRAVEL



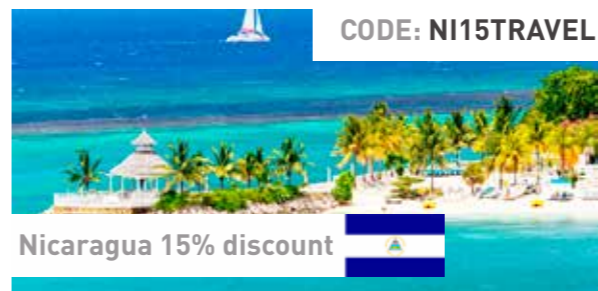
Morocco 15% discount

CODE: MX15TRAVEL



Mexico 15% discount

CODE: NI15TRAVEL



Nicaragua 15% discount

CODE: PY15TRAVEL



Paraguay 15% discount

CODE: RD15TRAVEL



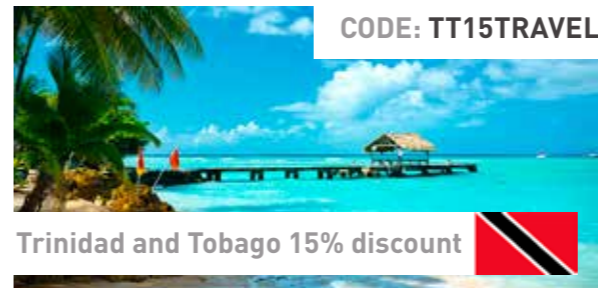
Dominican Republic 15% discount

CODE: CH15TRAVEL



Switzerland 15% discount

CODE: TT15TRAVEL



Trinidad and Tobago 15% discount

CODE: UY15TRAVEL



Uruguay 15% discount



ONLINE CODE: ESBLOG



If you are in Spain and you make your currency Exchange online **we will discount 5€** and take it wherever you need. Go to www.globalexchange.es and enter the code **ESBLOG** when completing your order.